

VOICE AND PRESENCE COACHING

with Elissa Weinzimmer, founder of Voice Body Connection

"Find your voice and inspire others to find theirs."

-Stephen Covey

One hour workshop topics (can be extended, customized, or delivered as a talk):

AMPLIFY YOUR PRESENCE

Learn how to be **more fully present with colleagues and clients**. We'll cover a powerful system called "The Three Circles of Energy" which explains how to shift your mindset and habits to interact with total authenticity, so you can have confidence and charisma in conversation, on camera, and in front of a crowd.

Your company will experience more authentic communication among employees and with clients and vendors, and **increased sales success**. The individuals attending will also gain skills they can **benefit from in every relationship in their life**.

SPEAK WITH YOUR WHOLE VOICE

This workshop for women covers the **most common female vocal habits, including vocal fry, upspeak**, and other patterns. Participants will identify their own vocal pitfalls, and learn how to shift to more powerful, dynamic delivery.

Your company will benefit with **empowered women speakers**, and the ability to be transparent about inter-personal communication. Individuals will leave with essential self-awareness and the ability to adapt their vocal delivery to sound confident and authoritative in any circumstance.

EMPOWER YOUR VOICE

Techniques and tools to **increase your vocal power and reduce vocal fatigue**, for those who speak in front of large rooms of people. Covers breath support and some vocal anatomy, as well as how to have presence. This workshop is excellent for group fitness instructors, corporate trainers, and leaders.

Your company will benefit from **stronger speakers**, and a reduction in performance issues related to voice loss. Individuals will leave with a daily warm up routine they can practice to maintain a healthy voice.

Clients:

FABRICUT



EQUINOX



About Elissa



Elissa Weinzimmer is a vocal health educator, presence coach, and the founder of Voice Body Connection. Her work empowers performers, leaders, and speakers to share their authentic voices more fully. Elissa's unique approach is to share concrete knowledge that helps you easily shift to a stronger voice and presence. The premise is that when you understand the mechanics of how our voices and bodies work, you can practice and habit-shift more effectively. Elissa brings this practical approach to each individual client, as well as to her online courses How To Have Presence (for leaders and speakers), How Your Voice Works (for singers and voice teachers), Vocal Health for VO's (for voiceover actors), Voice Body Kirtan (for those who wish to chant to free their voice), and Vibrant Voice Technique (for those who want to reduce muscle tension and enhance the quality of their voice using external vibration... yes a vibrator!). Elissa holds an MFA in Theatre Voice Pedagogy from the University of Alberta and a BA from the University of Southern California. She is certified in Fitzmaurice Voicework® and Hatha yoga. In 2014, she was the recipient of the Clyde Vinson Award for Excellence from the Voice and Speech Trainers Association. Elissa is currently expanding her work into self-love coaching as well, and writing a book on the topic. She is based in New York City.

Contact: voicebodyconnection.com | elissa@voicebodyconnection.com | +1 (925) 963-4541



© 2018 Elissa Weinzimmer